

“Going Green”: Ten Weeks to a Healthier Climate & Healthcare Office

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~ I have no financial disclosures ~

What is “My Green Doctor”?

- A practice management tool for healthcare offices
- Guides Green Teams to begin & to succeed
- Developed by physicians to be fun & easy
 - 7 workbooks, over 140 action steps
- Suitable for any outpatient office; used worldwide
- Evidence- & science-based, non-political
- Tailored for use by all staff members
- No science background needed

“Going Green” in 10 weeks

- “Going Green” saves money & offers other benefits.
- The Green Team is an established management process.
- Green Teams are easy, enjoyable & satisfying.
- The Green Team becomes a regular part of your office.
 - Add 5 minutes of Green Team to your weekly staff mtg.
 - Follow our easy Meeting-By-Meeting Guide.
 - Earn your Green Doctor Office certificate in 10 weeks.

Ten Reasons to “Go Green”

1. Wiser uses of resources.
2. Saves money by lowering office expenses.
3. Creates a healthier work environment.
4. Encourages teamwork.
5. Green Teams generate ideas from every member of the office.
6. Easy, enjoyable & satisfying.
7. Enhances the office’s public image & patient trust.
8. Decreases air pollution, water consumption and waste.
9. Builds a healthier community.
10. Puts solutions to climate change into everyone’s life!

How to Register, and Why

- Register at www.mygreendoctor.org .
- Free, safe, quick.
- No password needed.
- Receive a waiting room “Pledge” certificate:



Green Doctor Office Pledge

This office has pledged to improve the environmental sustainability of its practices and is committed to informing its patients and the community on topics such as energy efficiency, water conservation, recycling, solid waste management, chemicals in the workplace, transportation choices, renewable energy, climate change, & healthy foods.



Green Team Process

- The green team process is an established management tool used successfully by businesses worldwide.
- Make having a Green Team an official policy for your healthcare office.
- Just 5 minutes weekly as part of your staff meeting.
- Make slow, steady improvements as guided by M.G.D.

Our “Meeting-by-Meeting” Guide

- Explains exactly what to say & do at your first ten Green Team meetings
- Workbooks on 7 topics; actions for each.
- Focuses on slow, steady improvements
- Encourages discussion & participation

The Green Doctor Office Certificate

1. Requirements:
 - 5 Green Team meetings
 - 5 Action Steps
 - 5 Education Steps
2. Valid for 3 years
3. Free to members of My Green Doctor's partner organizations (otherwise \$250).

Example: Escambia County Health Dept.

- Saved energy every month
- 5.2% energy electricity saving per year
- 125,000 kilowatt hours electricity per year
- 85,600 metric tons CO₂ per year
 - = Equivalent of 4,349 gallons gasoline
- Bottom Line: \$14,000 saved annually

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*Please register today to start
YOUR Green Team:
www.mygreendoctor.org*

