

Youth Winner

HOW-TO GUIDE:

A Practical Guide to Turning Ideas Into Action

YESS Scorecard Spotlighting and Shrinking Youth Sports' Carbon Footprint

↳ [YESS — The Youth Eco Sports Scorecard](#)



High school student Rishin Tandon developed the sports scorecard with the Climate Leaders Fellowship at the Stanford Deliberative Democracy Lab and the Aspen Institute's Service Learning Through Sports Program.

YESS (The Youth Eco Sports Scorecard) helps youth sports teams measure and improve their environmental impact through a simple, mobile-friendly scorecard. Any player, parent, or coach can assess everyday practices like transportation, waste, energy use, and heat safety, then receive clear, practical steps to improve. By making sustainability visible and measurable in youth sports, YESS empowers young athletes to lead climate action while playing the sports they love.

Replicate This!

How To Get Started

- 1 Start with a team or league that already exists (planning)
- 2 Secure adult buy-in and distribute the YESS scorecard (implementation and Management)
- 3 Recruit 1-3 student eco-champions per team (management)
- 4 Implement the playbook and choose a few focus areas (implementation)
- 5 Measure progress at the beginning, middle, and end of the season (evaluation)
- 6 Track success through participation and leadership (management)
- 7 Partner with organizations to expand reach (scaling + funding efficiency)
- 8 Iterate, document, and share the model (project sustainability)

